



**INDIAN SCHOOL AL WADI AL KABIR**  
**DEPARTMENT OF ENGLISH [2022– 2023]**

**TOPIC: READING COMPREHENSION**

**WORKSHEET**

**RESOURCE PERSON: Ms. Jayalakshmi Nair**

**NAME: \_\_\_\_\_ CLASS: \_\_\_\_\_ SEC: \_\_\_\_\_ DATE: \_\_\_\_\_**

Achoo! We all sneeze sometimes. Sneezing is a reflex that your body does automatically. That means you cannot make yourself sneeze or stop once it has started. When you sneeze, your body is trying to get rid of bad things in your nose, such as bacteria. You have extra germs when you have a cold, so you sneeze a lot more.



Inside your nose, there are hundreds of tiny hairs. These hairs filter the air you breathe. Sometimes dust and pollen find their way through these hairs and bother your nasal passages. The nerves in the lining of your nose tell your brain that something is invading your body. Your brain, lungs, nose, mouth, and the muscles of your upper body work together to blow away the invaders with a sneeze. When you sneeze, germs from your nose get blown into the air. Using a tissue or “sneezing into your sleeve” captures most of these germs. It is very important to wash your hands after you sneeze into them, especially during cold and flu season. Do you ever sneeze when you walk into bright sunlight? About 25% of people experience this phenomenon. Scientists believe that the brain gets confused when signals from the optic nerve trigger the sneezing reflex in direct sunlight. This usually runs in families. If someone nearby sneezes, remember to tell them “Gesundheit!” That is a funny looking word which is pronounced that is “gezz-oont-hite.” It is the German word that wishes someone good health after sneezing.

**I.Fill in the blanks.**

- 1.Sneezing is a \_\_\_\_\_ that your body does automatically.
- 2.. When you sneeze, your body is trying to remove all the \_\_\_\_\_ such as \_\_\_\_\_.
- 3.Dust and pollen find their way through these hairs and bother your \_\_\_\_\_.

**II. State whether the statements are True or False.**

1. Your lower body work together to blow away the invaders with a sneeze. \_\_\_\_\_
2. When you sneeze, germs from your nose get blown into the air. \_\_\_\_\_
3. Using a tissue or “sneezing into your sleeve” captures none of these germs. \_\_\_\_\_

**III. Answer the following questions in a sentence or two.**

1. What is the German word that wishes someone good health after sneezing?  
 \_\_\_\_\_  
 \_\_\_\_\_.
2. What do the tiny hairs inside your nose do?  
 \_\_\_\_\_  
 \_\_\_\_\_.